

29.

jan.
2009



UNIQA

IVSI CONGRESS
Hungary 2009 Mátra



HU
EN
DE

Congress Letters

SHORTCUTS

weather

today: +1 – +3 °C

forecast: -1 – +2 °C

program

7.00–8.00	breakfast
8.30–9.00	workshop lecture Japan, Sunkid (conference room)
9.30	transfer
10.00–12.00	demo, workshop Japan, Sunkid
12.00–13.00	lunch
12.30	transfer
13.30	transfer
14.00–16.00	IVSI General Assembly 2009
14.00	Excursion Gyön- gyös
16.00	transfer
16.00–16.30	delegation leader meeting (conference room)
18.30–19.30	dinner
20.00–	evening of nations

important numbers

Transfer, Accommodation:

Rita HORVATH: +36-30-2442303

SkiPark:

Dániel POLACSKÓ:
+36-30-2100861

Demo, Workshop, Lecture:

Miklós OZSVÁTH: +36-30-921085

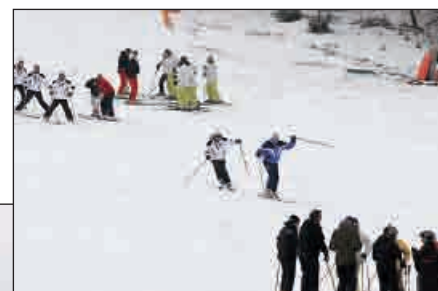
AUSTRIAN DAY

Our Austrian colleagues had the opportunity on 4th day of the Congress to present themselves and their methods of ski instruction.

There was not only about the pistes of the Alps, but they also mentioned the indoor ski domes.

They also “ordered” some fresh snow from Austria which refreshed our slopes, which we had our workshops on. The workshops has been held in three different levels: beginner, intermediate and advanced level. They also showed us some useful ski instructing practices. Nowadays the indoor skiing is very popular and our Belgian colleagues tried to show us special methods for teaching indoor.

In the afternoon Franz Krenn hold a lecture about the legal policy of the ski instructors in Austria. It was pretty useful for all those who would like to work as ski instructor in Austria. Martin Dolezal presented the marketing campaign called „I love snow”. This means when the people hear the word „snow” they should think about the joy of winter and winter sports rather than bad weather, or difficult traffic.



DANIEL FRIEDLI (SCHWEIZ)

The main Sponsor of the IVSI Congress is Uniqa Insurance Company.

Their representative Zoltan Ecsy briefly presented their activities in Hungary, with special attention to their assistance products in skiing.

The customers meet this area while buying travel insurance and its main attract is the immediate help assistance.

They offer several sportinsurances in Hungary. They are available not only for skiers but for sailors or for bicyclists too. Their insurance for cyclists is unique as this is not only valid for the expensive bikes of the racers, but for our holiday bikes too.



UNIQA Assistance Insurances

- ▣ Products for winter, summer, whole year
 - ▣ Travel Help – Travel Insurance
 - ▣ Super G+ – Ski Insurance
 - ▣ Jeti – Ski Insurance with off-piste coverage
 - ▣ Gyöngyhalász – Diver Insurance
- ▣ Albatrosz – Golf Insurance
- ▣ Regatta – Shipowners' Insurance
- ▣ VeloHelp Vital – Bicyclists' Insurance
- ▣ VeloHelp Kontra – Bicycle Insurance

Five courses, five wine.

The Bock vineyard and the Hotel Galya try to give the best for our guests.

The menu: Rack terrini, clear soup, veal with paprika sauce with Hungarian galuska and special Hungarian dessert called: Somlói galuska.

Csaba Hepp sommelier offered the following wines:

- Hárslevelű (2007)
- Rosé Cuvée (2008)
- Ermitage (2007) (30% sauvignon, 30% franc, 10-10% portugeser, merlot, kékfrankos, 10% pinot noir és syrah)
- Royal Cuvée (2004) (50% sauvignon, 30 % pinot noir, 12 % franc, 8% merlot)
- Bock Cuvée (2000) (65% Sauvignon, 30% Franc, 5% Merlot)

It seems that the members of the french team were very satisfied.



CLOSING DEMO

The Skipark is working hard in order to prepare the slope for the Friday closing demo show. Besides the national demos we would like to enjoy the demos of international teams as well. So we encourage the participants to form mixed teams, too. One team has the opportunity even for 2-3 runs. Those who would like to ski with own music, please submit your music in the office in time (or choose from the list in office)!



IVSI Delegates' Meeting – Agenda

1. Welcome
2. Establish a quorum
3. Approval of the agenda
4. Approval of the protocol of Korea 2007
5. Reports
 - President N.Barthle – IVSI-annual report
 - Vice President NN. Jaoan – International relationship
 - Vice President HP. Kunz – Financial report and organisation
 - Chairman F. Lund – Report of Committee education and examination
6. Report of the treasurers audit and approval of the presidency
7. Resolution on admission of new members
8. Discussion and passing resolutions on
 - Change the membership subscription
9. Tributes
10. Selection of the nation
 - to arrange IVSI-Congress 2013
11. Miscellaneous

Application to the delegate assembly

Declining membership numbers (due to ageing, little interest in training as a volunteer instructor) in the IVSI member countries necessitate a change of our graduated fee system.

The new fee system prefers small member countries in so far as their contribution remains the same. Member countries with more than 1,000 members assume a leading role in guaranteeing the ongoing existence of IVSI.

The Presidium therefore proposes to the Delegates' Assembly the following new membership fee system as of 2009:

The basic membership fee per member country of € 250.00 remains unchanged

Additional fee for up to 500 members € Additional fee for up to 1,000 members € 100.00

Additional fee for more than 1,000 members € 100.00 for every 1,000 additional members

In accordance with our Framework Guidelines, member countries are obliged to communicate their updated membership numbers to the IVSI Office by the end of the year.

If they fail to do so, an additional 10% of members will be added to the existing membership numbers.

Calculation of the membership fees is currently based on the decision of the Delegates' Assembly (minutes of 1 March 2007), plus the member countries Serbia, Croatia, Montenegro and Ireland.

How to lead smoothly the intermediate skier to parallel turns?

How can we lead smoothly the intermediate skier to parallel turns?

”Smoothly” means that we here aim to initiate the turn effectively by making the most of the energy of falling in nature, and not by exclusively using full muscle power, in a relaxed condition.

Essentials of the lesson

The skier should learn first to use the outside ski, and then to use also the inside ski effectively while the motion of the outside ski should not be interrupted.

The aim is to learn to utilize and to steer both the outside ski and the inside ski and to combine steering of the both skis in order to come to practical parallel turns.

3 requirements to carry out a turn

1. The skier has the energy to glide forward.
2. The skier experiences the power to touch the snow surface with his ski.
3. The skier edges the ski.

As keeping balance and braking are easily performed by standing on the outside leg, it is common to teach first to use the outside leg, then to use the inside leg step by step.

But to learn parallel turns we should aim to reduce the braking factor. This is a contradiction.

We would like to suggest the idea of “edging while moving” the outside ski, so don’t stop moving the outside ski.

We also suggest that the “movement of the inside leg” has an important role in the edging to achieve the state that “the outside ski has been edged.”

Standing on both legs, it is easy to move one leg. It becomes very difficult to stand on one leg and to move the foot of that leg.

Logically thinking we can say that “the inside leg has its own role” to edge the outside ski.

INFOS

cash point/ATM

Mátraszentimre, Rákóczi út 16.

petrol station

Gyöngyös, Alkotmány út
Parádfürdő, Kossuth út

pharmacy

Mátraszentimre, Deák Ferenc út 13.
Tel.: +36-37-376-410

doctor

Dr. Zorkóczy Ferenc
Tel.: +36-37-376419

hospital

Gyöngyös, Dózsa György út 22.

post office

Mátraszentimre, Deák F. u. 1.
Mon-Fri 8.00-15.30

shop

Fagyöngy ABC
Mátraszentimre, Deák F. út 1.
Tel.: +36-37-376-580
Open: weekdays: 8.00-16.00
saturday, sunday: 8.00-12.00

emergency number

112

SURPRISE INSTRUCTOR

We nominated Simon Mastny Czech colleague

as a honorary Hungarian instructor. Simon helped us at the open day; he gave a course for a group of young people preparing for their ski instructor exam.



ADDRESSES

We kindly ask the leaders of all the delegations to provide a postal address where they would like the DVD about the Congress to be sent..

EXCURSION GYÖNGYÖS

Please sign up for Gyöngyös excursion until 9.30!



Önkormányzati Minisztérium
Sport Szakállamtikárság



hungary.com